# MAYO CLINIC LABORATORIES

# **NEW REFERRAL TEST**

Notification Date: September 25, 2024 Effective Date: Immediately

# Gonadotropin Releasing Hormone (Gn-RH, Luteinizing Hormone-Releasing Hormone LT-RH)

**Explanation:** The following new orderable, referred to Inter Science Institute, is available effective immediately.

**Test ID: FGNDR** 

#### Methods:

Direct radioimmunoassay

#### **Reference Values:**

Male: 4.0-8.0 pg/mL Female: 2.0-10.0 pg/mL

### **Specimen Requirements:**

Patient Preparation: Patient should not be on any Steroids, ACTH, Gonadotropin, or Estrogen medications, if

possible, for at 48 hours prior to collection of specimen.

**Collection Container/Tube:** 

Preferred: Red Top

Acceptable: Serum gel, EDTA Specimen Volume: 3 mL Collection Instructions:

- 1. Draw blood in plain red-top tube(s), serum gel tube(s) or EDTA is acceptable.
- 2. Centrifuge and aliquot 3 mL serum in a plastic vial.
- Send frozen.

## **Specimen Stability Information:**

Specimen Type	Temperature	Time
Serum	Frozen (preferred)	180 days
	Refrigerate	7 days

Fee: CPT Code:

\$260.00 83727

Day(s	s) Setup:	Report Available:
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Monday through Friday 9 to 11 days

# **Questions:**

Contact MCL Referrals Supervisor Amy Bluhm at 800-533-1710.